

**STATE OF DELAWARE**  
**SUPPLY, STORAGE AND DISTRIBUTION**  
**TECHNICIAN I,II**

**Government Support Services – Food Distribution**  
**Warehouse**

**PHYSICAL REQUIREMENTS**

**Job Title:** SUPPLY, STORAGE AND DISTRIBUTION TECHNICIAN I, II  
**Department:** Office of Management and Budget  
**Division:** Government Support Services – Food Distribution  
**Class Codes:** MAGA04, MAGA05  
**BP #s:** 2025, 2045, 0246, 0244, 2043, 2047

**JOB DESCRIPTION:** Supply, Storage and Distribution Technicians I, II at the Government Support Services Food Distribution Center are responsible for marking, sorting, stacking, storing, preparing and distributing food commodities to various facilities throughout the State, including eligible schools and other child nutrition programs, elderly feeding programs and to emergency feeding organizations serving the needy.

**JOB SPECIFIC REQUIREMENTS:** Must be able to follow directions and safely handle and move pallets, hand trucks, and carts of food in an organized fashion without damaging the food commodities.

**JOB CLASSIFICATION:** This job is classified as “heavy” as it requires exerting in excess of 50 pounds of force frequently to move food commodities.

**PHYSICAL JOB REQUIREMENTS:**

To receive consideration for this position all Supply, Storage and Distribution Technician applicants for the Food Distribution Warehouse (Government Support Services) must be able to perform the following essential physical job functions daily:

- The physical ability to stand and or walk continuously.
- The physical ability to drive a state owned van or truck with automatic transmission for 3 hours.
- The physical ability to bend, stoop, balance, push, pull and reach above their shoulders frequently.

- The physical ability to climb on a ladder, or be elevated to, heights between 6’ and 21’ occasionally in order to correct rack staging area issues.
- The physical ability to use both hands for continuous grasping and for occasional fine manipulation and fingering (for example: to use a cell phone, computer, or scanner etc.)
- The physical ability to frequently lift in excess of 50 pound cartons from the floor to above the waist while moving them on/off pallets or loading them into a van/truck.
- Cartons weighing in excess of 50 pounds must occasionally be carried distances up to 40 feet.
- The physical ability to occasionally push/pull a pallet jack loaded with a pallet of food commodities weighing approximately 2,400 pounds a distance of 30’ to 40’ without assistance.
- The physical ability to frequently operate different types of motorized material handling equipment, including high-reach forklifts.
- The physical ability to work indoors in both cooler and freezer units, and outdoors in all temperatures and weather conditions.
- The physical ability to tolerate required personal protective equipment such as hard hats, safety glasses, safety belts and safety shoes on a continuous basis.

***CERTIFICATION***

I hereby certify that I have read and understand the above physical requirements of the Supply, Storage and Distribution Technician for the Government Support Services Food Distribution Center. I have also been given the opportunity to ask any questions I may have regarding the physical demands required of this position. I further understand that if I am offered this position, I will be required to take a functional capabilities evaluation (FCE) to determine if I can safely perform the required tasks without risk to myself or others.

PRINTED NAME \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE: \_\_\_\_\_

**11/14/07 Revised**